



INSTRUCTIONS FOR YOUR POST-VASECTOMY SEMEN SPECIMEN

IF YOU CHOOSE TO BRING YOUR SAMPLE TO NEWTON, IA:

Approximately 12 weeks **and** 20 ejaculations (whichever occurs **later**) following your vasectomy collect one sample of your semen, after a 2 day period of no ejaculation. This can be collected in the container provided to you. **THE CONTAINER IS STERILE.** If you lost the container, you may use a clean medicine bottle or get a urine sample container from the pharmacy.

Place the container into the plastic biohazard bag and seal the bag. Be sure to include the enclosed identification sheet below in the **separate** pouch on the bag.

You must deliver the sample to the Newton Clinic's laboratory **WITHIN 1 HOUR OF THE SAMPLE COLLECTION.**

SUBMITTING YOUR SAMPLE FROM OUT OF NEWTON, IA:

Approximately 12 weeks **and** 20 ejaculations (whichever occurs **later**) following your vasectomy collect one sample of your semen, after a 2 day period of no ejaculation. This can be collected in any container convenient for you and transferred to the vial provided. **DO NOT WASH THE TUBE OUT.** The yellow powder in the tube prevents bacteria from growing in your specimen. Make sure the lid is screwed on securely. **If you send in your specimen before 12 weeks or if you lose the mailer** provided at the time of the procedure, we will send to you another mailer for a **fee of \$10** payable by credit card over the phone.

Place the tube into the plastic biohazard bag and seal the bag. Be sure to include the enclosed identification sheet below in the **separate** pouch on the bag. If the tube is smashed or cracked in transit, we can usually still evaluate the specimen if the bag is sealed and you do not have the paper in the same pouch to absorb the sample.

Place the biohazard bag with enclosed specimen vial **AND** the enclosed completed form into the pre-addressed mailer envelope. **You must apply the correct postage.** The post office will not deliver mail without postage.

** **REMEMBER** Dr. Guarín will call you from **(800) 741 3357** to discuss the results with you*



Post-Vasectomy Semen Specimen Check

Esgar Guarín, MD

300 N 4th Ave E Suite 200 Newton, IA 50208

SimpleVas (800) 741 3357 - Office in Newton: (641) 792-2112

Name _____ DOB _____

SimpleVas® Vasectomy PROCEDURE DATE _____

Procedure location (circle one): NEWTON, IA CEDAR RAPIDS, IA NAPLES, FL

Date specimen collected: _____
** DO NOT MAIL BEFORE 12w AFTER VASECTOMY*

Date specimen analyzed: _____

Results: _____ Examiner initials: _____